Wastewater Treatment Using Constructed Wetland With Water Lettuce (Pistia Stratiotes)

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Abstract- A laboratory-scale free water surface-flow constructed wetland was set up at the Department of Civil Engineering; Ladoke Akintola University of Technology (LAUTECH) Ogbomoso, Nigeria in May 2013 to demonstrate the performance of sand- based constructed wetland, using Water Lettuce. The experiment was carried out to demonstrate the enhanced removal efficiency for Water Lettuce with constructed wetland in treating kitchen wastewater, from a nearby Campus restaurant- Alata milk and honey. The nutrient removal and performance evaluation of the constructed wetland in treatment of kitchen wastewater against retention period of ten days was investigated. During the 10-day retention period, the sand- based constructed wetland set up with Water Lettuce had improved the wastewater quality significantly as it had reduced 75.66% of Turbidity, BOD5 by 83.43%, NO-3 by over 50%, 90% of SO-4 , 46.2% of Cl- and Conductivity by 46.2% and Dissolve Oxygen by 58%. The pH increased by 23%, while the initial offensive odour of the raw water was no more noticeable.

The final effluent was found to be suitable for non-drinking purposes like crop irrigation and keeping aquatic animals. However, it was noted that a 7- day detention time was optimal for the treatment of domestic wastewater from kitchen. The treatment system was found to be economical, as the cost of construction only was involved and maintenance cost very minimal. It was environmentally friendly as it was free from offensive odour and insect invasion. The prototype scale is recommended for in-situ use, especially for wastewater from kitchen.

Keywords- Constructed wetland, kitchen wastewater, Laboratory scale, Nutrient removal, Retention period, Water Lettuce

I. INTRODUCTION

CONSTRUCTED wetlands are engineered to duplicate the processes occurring in natural wetlands, where the main purpose of the structure is to remove the contaminant or pollutant from the wastewater [1]. The constructed wetland is an integrated system consisting of water, plants, microorganisms and the environment, in which can be manipulated to improve water quality. The constructed wetland is a new green technology, which has been recognized and accepted as a creative, cost-effective and environmental friendly system when compared to the expensive conventional treatment systems. Recently, the multiple values and functions of the constructed wetlands, has been widely used for treating a variety of wastewaters of many sectors.. Thus, an extensive research and practical application is being gained in order to operate the system effectively.

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In the last few decades , the constructed wetlands are widely applied for the purification of storm water, agricultural, domestic and also industrial wastewater treatment. The use of constructed wetland on industrial pollutants is increasingly utilized and these represent a promising alternative method to treat the various types of industrial wastewater using the new technology of constructed wetlandsIn recent years, increasing production and disposal of wastewater have caused an accelerated pollution of receiving water bodies. Hence, to reduce the harmful impact of the wastewater discharge, there is the need to remove the main nutrients such as nitrogen and phosphorus as well as the organic content of the wastewater prior to disposal. This can be effectively achieved by the conventional treatment technology, but the working expenses and energy requirements of such treatment systems are rather high and in many cases hinder by economic constraints which often leads to the desertion of such various treatment plants in the country (Nigeria) due to lack of funding and consequently maintenance on the part of the responsible agency. However, several investigations have shown that wetlands may act as efficient water purification systems and nutrient sinks [2]; [3,4]; [5]; [6].

Constructed wetlands are artificial wastewater treatment system consisting of shallow (usually less than 1 m deep) ponds or channels, which have been planted with aquatic plants, and rely upon natural microbial, biological, physical and chemical processes to treat wastewater [7]. These systems of wastewater treatment offer several potential advantages as compared to conventional treatment system, this include; simple construction (can be constructed with local materials), require less skill to operate and maintain, process stability under varying environmental conditions, Utilization of natural processes, and lower construction, operation and maintenance costs. There are two basic types of constructed wetland namely; free water surface flow constructed wetland in which the flow of water is above the sediment surface, and subsurface flow constructed wetland in which the flow of water is primarily below the sediment surface. These systems use wetland plants, soils and their associated microorganisms to remove contaminants from wastewater [8, 9]. The pollutant removal mechanisms in a constructed wetland plant comprise several physical, chemical, biological and biochemical processes and this include; sedimentation, filtration, aerobic and anaerobic microbial degradation, plant uptake, soil sorption, precipitation and so on [4]; [10]; [13] .

Water lettuce is important in the treatment of waste water. The use of water plants in waste water treatment is economical, is a natural way of treating water. Water lettuce

is a free-floating aquatic weed that rapidly forms dense mats covering rivers, dams and irrigation canals. It can restrict water flow, increase water loss by transpiration and serve as a breeding ground for mosquitoes. Water lettuce spreads both by vegetative reproduction and by seeds [12]. The treatment system is vegetated with water lettuce (Pistia stratiotes) plant with different experimental conditions. The test in the laboratory, the water sample would be taken from the planting area which consists of water lettuce (Pistia stratiotes) that is planted in the container and which is then filled with waste water. There are more than nine parameters that would be analyzed in the laboratory to determine the physical and chemical characteristics of the waste water which are; Biochemical oxygen demand (BOD), Chemical oxygen demand (COD), Temperature, Oxidation reduction potential (ORP), Colour, Dissolved oxygen (DO), pH, Turbidity, Total dissolved solids (TDS), calcium (Ca), Magnesium (Mg), Chloride (Cl), Sulphite, Nitrite (NO3), Iron (Fe), Conductivity, Hardness, Zinc and Calcium.The scope of work for this project is to investigate the removal efficiency of the aforementioned physical and chemical properties by using different number of water lettuce (Pistia stratiotes) and to record the sampling of the waste water for a detention period of 10 days.

II. MATERIAL AND METHODS

A. Study Site

The laboratory scale free water surface flow constructed wetland was set-up at the department of civil engineering Ladoke Akintola University of Technology which was established in September 1990 and located in the agrarian town of Ogbomoso in Oyo state which lies between latitude 8^o 08' 01''N and longitude 4^o 14' 48''E. The town is characterized by an average daily temperature of between 25^o and 35^o almost throughout the year.

B. Experimental Setup and Operation Condition of Constructed Wetland

The constructed wetland with Horizontal surface flow of wastewater in a bed filled with substrate enables growth of selected plants and associated biofilm of microorganisms.

The wastewater in the root zone of constructed wetland undergoes series of physical, chemical and biological process including sedimentation, filtration, biological degradation, adsorption and nutrient uptake etc. This process results in significant reduction in suspended solids, organic compounds [11]**.** The basin was constructed at a height of 300mm and width of 900mm and the bed was prepared and braced so as to avoid bulking of the fabrication. The substrate (soil media) was filled at the base up to 150mm with each layer covering 50mm each. The first layer at the base consists of granite followed by sand and humus soil at the top which were well sieved. Water was being poured layer by layer and after the substrate arrangement the water level was filled up to about 100mm height. The water particles were allowed to settle down before the plant (water lettuce) was collected from its natural habitat and planted. It was also left for some days to adapt before wastewater was being collected and added for treatment process to commence.

C. Wetland Operation

Draining of the Setup: All the water present in the setup was drained two days before the introduction of the wastewater by keeping the outlet widely open. This is necessary to avoid the dilution of the wastewater by the fresh water used in nurturing the plant and therefore eliminate error during analysis.

D. Wastewater Collection:

The wastewater used for this research work was collected from an eatery located in Aroje area of Ogbomoso along Ilorin road with the aid of six 25 liters kegs to make the total volume of the waste water collected 150 liters

E. Pretreatment and Introduction of the Wastewater into the Setup:

A total volume of 75 liters of wastewater was screened using a 75µm sieve and introduce into the setup manually from the open roof at top of the basin on 17^{th} of March 2014

F. Sample Collection and Qualitative analysis

75cl sample each was collected from the setup for detention time of 1, 2, 3, 4, 5, 6, 7, 8, 9 and 10 days respectively including that of the raw waste water, and qualitative analysis carried out according to APHA standard on each of the sample collected to determine the effect of detention period on the wastewater.

The parameters tested for are: Colour, pH and odour, Temperature, Turbidity, Conductivity, Dissolved Oxygen (DO), Biochemical Oxygen Demand ($BOD_{5,20}$), Magnesium (Mg), Chloride (Cl^-), Sulphide (SO_4) and Nitrate (NO_3).

Fig. 1 Constructed Wetland Unit

Fig. 2 Wetland Unit With Lining

Fig.3 Gravel Layer

Fig.4 Sand Layer

Fig.5 Humus Layer

Fig.6 Water Lettuce Planted

Fig.7 Few Days After

II. RESULTS AND DISCUSSION

A. Results

The results of the Physico-chemical analyses carried out on the samples daily for a retention time of ten (10) days were presented are as shown in Table 1 below.

TABLE 1
EFFLUENT CHARACTERISTIC FOR THE VARIOUS DETENTION PERIODS

Parameters	Detention period										
	0	1	2	3	4	5	6	7	8	9	10
PH	6.24	6.18	6.79	7.13	7.49	7.31	7.60	7.63	7.67	7.41	7.39
Temperature (^oC)	29.50	24.20	26.40	24.20	27.40	31.40	28.10	27.40	25.60	26.20	26.80
Redox Potential	88.00	84.00	51.00	32.00	12.00	21.00	7.00	6.00	4.00	18.00	18.00
Turbidity (FTU)	175.00	170.00	89.00	51.00	50.00	49.37	53.00	47.70	42.62	84.00	61.00
Conductivity (µS)	15.80	8.70	14.00	10.50	10.40	11.20	10.50	10.80	8.50	8.60	8.60
DO (ppm)	138.90	120.60	114.50	134.80	193.80	105.60	102.80	104.90	103.4	84.60	58.50
BOD_5 (mg/l)	54.30	54.00	10.50	55.90	55.00	30.10	21.20	53.40	20.80	9.40	8.50
Mg (mg/l)	51.03	0.00	218.70	123.93	109.3	116.64	72.90	72.90	43.74	29.16	14.58
Iron (mg/l)	1.0	3.0	2.0	2.0	3.0	3.0	3.0	3.0	5.0	5.0	4.0
SO_4^-(mg/l)	40	50	14	10	10	10	12	4	4	4	2
NO_3^-(mg/l)	20	10	10	10	10	10	10	10	10	0	0

TABLE 2
TREATMENT PERFORMANCE OF THE WETLAND PLANT

Parameters	Treatment Performance (% Reduction)									
	Detention periods (days)									
	1	2	3	4	5	6	7	8	9	10
PH *	0.96	8.81	14.26	20.03	17.15	21.79	22.28	22.92	18.75	18.43
Temperature	17.97	10.51	17.97	7.12	6.44	4.75	7.12	13.22	11.19	9.15
Redox Potential	4.55	42.05	63.64	86.36	76.14	92.05	93.18	95.45	79.55	79.55
Turbidity	2.86	29.14	70.86	71.43	71.79	69.71	72.74	75.66	52.00	65.14
Conductivity	44.94	11.39	33.54	34.18	29.11	33.54	31.65	46.20	45.57	45.57
DO	13.17	17.57	2.95	39.52	23.97	25.99	24.48	25.56	39.09	57.88
BOD_5	1.85	80.66	2.95	1.29	44.5	60.95	1.66	61.70	82.69	83.43
Mg*	0	328.57	0	114.29	128.57	42.86	42.86	14.29	42.86	71.43
Iron*	200	100	100	200	200	200	200	400	400	300
SO_4^-	25	65	75	75	75	70	90	90	90	90
NO_3^-	50	50	50	50	50	50	50	50	100	100

Note: * percentage increase

B. Discussion

The Ph was seen to increase progressively with a maximum percentage increase of 22.92% occurring at day 8. The Ph of the treated water meets up with WHO standard for drinking water which is between the ranges of 6.4-8.5. It also meets up with the irrigation standard. If Ph is less than 6.5 in crop yield, there would be increased foliar damage and may corrode irrigation equipments. Increase or decrease in temperature may not necessarily mean reduction in level of impurities. The result shows a gradual decrease in the value of the ORP. The maximum % reduction occurs at day 8 (95.45%). Since ORP is the activity or strength of oxidizers and reducers in relation to their concentration. Therefore, ORP value reduces as the pathogenic activities reduce and impurities reduce. DO values are not consistent. However, the values increase as the retention day increases. Maximum % DO occur at day 10 which is 57.88% increase. Increase in DO imparts good taste to water. The result of the analysis shows continuous reduction in the turbidity per day. The maximum percentage reduction of turbidity occurred at day 8. The value of Mg present is not progressively reduced. The content of Mg in the water fluctuates but towards the end, there was a gradual reduction in Mg. The maximum % decrease of Mg is 71.43% at day 10. The nitrite content of the raw water was 20mg/l. The nitrite content reduces from 20mg/l to 0. Nitrite

was completely removed at day 9. The result of the analysis shows sulfite being gradually removed as retention day increases. There was 90% removal of sulfite in the waste water at day 7.

The BOD value increases up to day 4. However, progressive reduction of BOD was recorded till the last day (day 10). Reduction in the BOD implies decrease in the microbial activities in water.

Iron content of water increases gradually. It was also seen that it is effective for crop yield. The values of conductivity and TDS increased continuously. There was 46.20% increase in day 8 which is the maximum increase recorded. Total dissolved solids (TDS) and conductivity both indicate the total inorganic mineral content of drinking water. Either of these tests can be used to monitor the consistency of quality from water purification processes which remove inorganic contaminants from water. With the exception of the first day, hardness of the water decreases steadily. There was maximum reduction in hardness of the water at day 8. Based on the available data, the desirable minimum of magnesium and calcium can be estimated to be > 10 mg/l and > 20-30 mg/l, respectively. Nevertheless, this does not mean that if low levels of these elements were increased to remain below the minimum mentioned above (e.g. if the magnesium level were increased from 2 to 5 mg/l), it would be of no importance. It seems that any increase, even by several mg/l, could have a health effect.

Although a certain minimum quantity of these elements is desirable, it definitely does not mean the more the better. While considering higher levels of magnesium and calcium in drinking water, not only the absolute content of these elements but also the fact that higher water Mg and Ca levels are mostly associated with higher levels of the other dissolved solids that may not be beneficial to health should be taken into account.

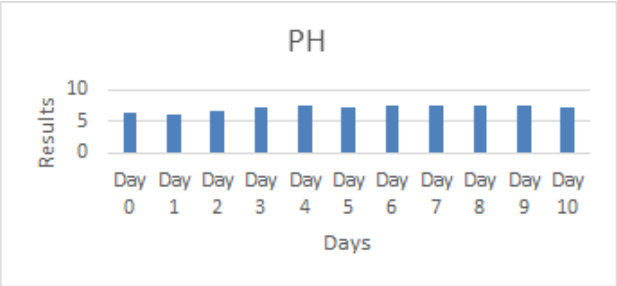

Fig 8 Graph Of Ph Against Retention Days

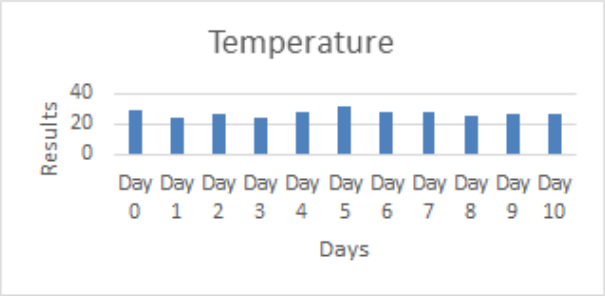

Fig. 9 Graph of Temperature against retention days

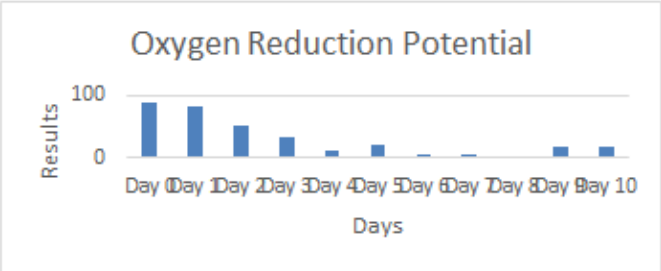

Fig. 10 Graph Of ORP Against Retention Days

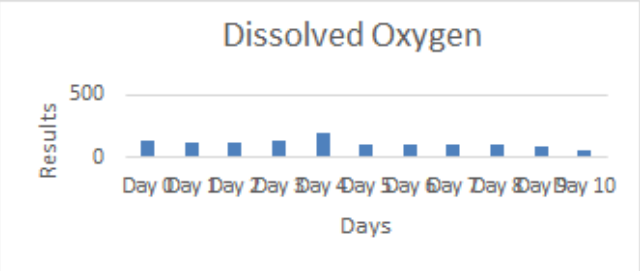

Figure 11: Graph Of Ph Against Retention Days

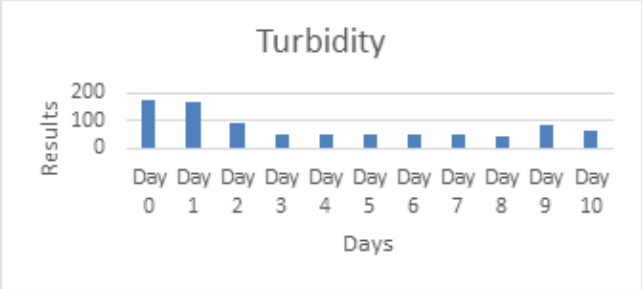

Fig. 12 Graph Of Turbidity Against Retention Days

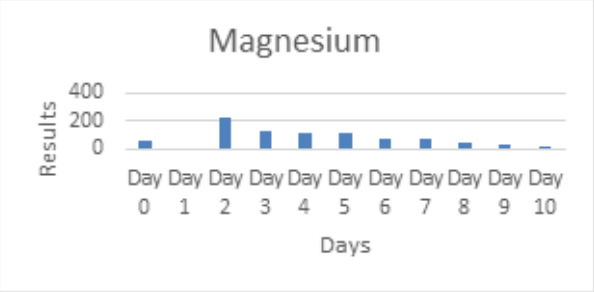

Fig. 13 Graph Of Magnesium Against Retention Days

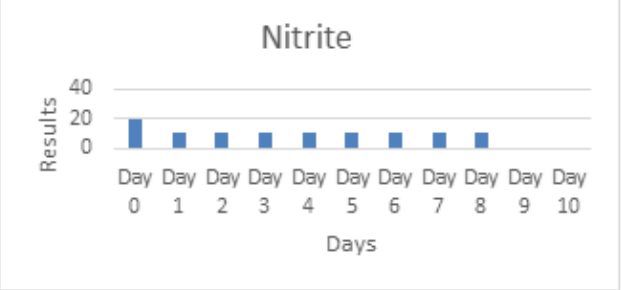

Fig. 14 Graph Of Nitrite Against Retention Days

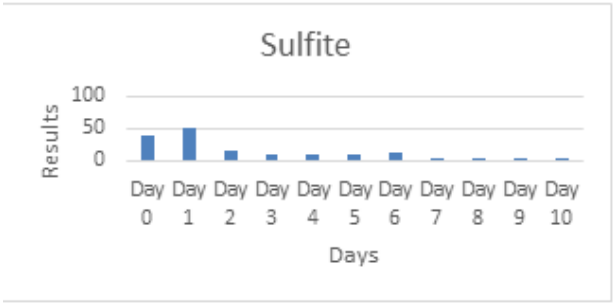

Fig. 15 Graph of Sulfite Against Retention Days

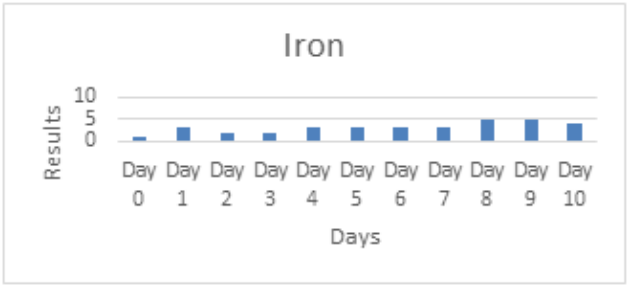

Fig. 16 Graph of Iron against Retention Days

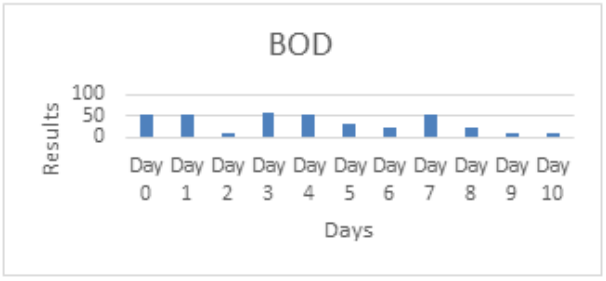

Fig. 17 Graph Of BOD Against Retention Days

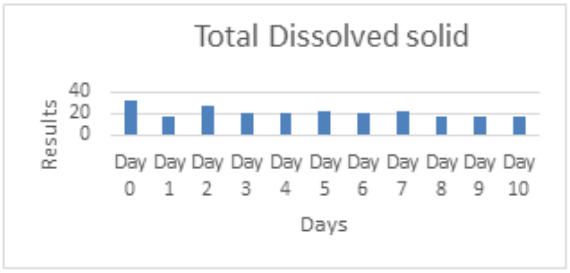

Fig. 18 Graph of TDS against retention days

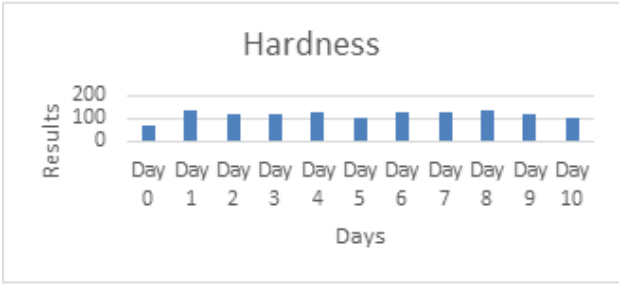

Fig. 19 Graph Of Hardness Against Retention Days

IV. Conclusion And Recommendations

A. *Conclusion*

The constructed wetland with water lettuce if effectively managed can be of help in reducing the level of organic and inorganic constituent of waste water. This helps in reducing the pollution parameters before being disposed to water bodies. It also reduces the risk of contaminating underground water. The volume of water lettuce used must cover the whole area of the water, for effective treatment. High level of grease in waste water prevent oxygenation reaction thereby causes plant death. There is progressive reduction in the pollution parameters up till day 8, and reduction is more effective afterwards. Wastewater treatment using water lettuce is highly effective in the removal of nitrite

B. *Recommendations*

The container for the experiment should be continuous so as to avoid leakages due to loading i.e. it should not have joining. The effluent can be further treated for domestic uses. The effluent can be used for non- potable purposes like irrigation. The lab wetland should be exposed to sunlight without shed for effective removal of organic element.

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