

# Requirements of Cancer Patients

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**Abstract**— In this study, a University Faculty of Medicine Research Hospital Surgical Oncology cancer patients admitted to outpatient, home health care services are planned in order to determine their needs. Surgical Oncology admitted to the outpatient clinic of the study group over 18, has created 394 people who accepted to participate in the study. Statistical evaluation of data was done by SPSS 19 software. Data on percentage distributions, chi-square, t-test and analysis of variance (ANOVA) were analyzed using. 86,0's% of cancer patients receive information questioning the need, anxiety and fear about the health condition of 62.9%, 51%, 5 injections / install a serum-up, 44.6% of the surgical wound care / dressing and it has been shown to apply to the origin of the problems with access to health care organizations need solutions such as psychological support of 14.4%.

**Keywords**— Home Care, Cancer, Requirements.

## I. INTRODUCTION

**I**N our country, the home care services have advanced cancer patients have to eliminate having to struggle alone with many questions of the patient and family. Individuals who were discharged at home, usually in the first week of wound care, drug therapy, to deal with daily living activities and can fulfill the law problems relating to complications. Individuals and families have to cope with professional support requirements where these problems at home. In this paper for the development of home care services for cancer patients in Turkey are explained in great need for research and application work is to be done in this area.

## II. REQUIREMENTS OF CANCER PATIENT CARE AND HOME CARE

Diagnostics requirements in cancer patients to help them focus on the issues early priority of patients seen by clinicians.

Oncology diagnostics requirements, all areas of life of cancer patients (physical, functional, psychosocial, such as spiritual) and direct effects should include comprehensive diagnostics (Yıldırım, Kocaman 2013).

Maintenance needs of cancer patients is multidimensional. The troubles brought by the disease and treatment varies depending on the variety. Generally, the care needs of cancer patients are as follows;

1. Basic physical care,
2. Nutrition and diet management,
3. Symptom control,
4. Pain management,

5. Post-operative care,
6. Hospice care,
7. Palliative Care,
8. Health education,
9. Psychological support.

## III. PALLIATIVE CARE

Without the fight against cancer, palliative care and treatment of cancer it is not the most important building block. Palliative care can in fact be perceived as terminally ill patient care at first glance, in reality it is not. Put diagnosed cancer patients is starting a service can not be continued until death. Palliative care is not only for the patient, includes the families of patients. Acceptance, knowledge is important in palliative care and dealing with grief. On the other hand, palliative care services are not just limited to clinical services, such as pain and symptom management. Relatives of patients and evaluates the public and aims to resolve all the problems. Therefore, not only religious but also help clinical evaluation, economic support also includes services such as psychosocial support. The aim of palliative care is to fight with all existing concerns and to improve their quality of life by solving (Gültekin et al. 2010).

## IV. MATERIALS AND METHODS

### 4.1. Purpose of the Research

In this study, a University School of Medicine Surgical Oncology admitted to the home care needs of cancer patients, the variables associated with these requirements, it is planned to take advantage of their services and their application in the present case.

### 4.2. Research Type

A descriptive study.

### 4.3. Data Analysis

The data is transferred to the computer using SPSS; calculation of quality of life scores made in computer and statistical evaluations were made after verification of data. Statistical evaluation of mean, standard deviation, frequency distribution, chi-square comparison, the t test, analysis of variance calculations are made.

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TABLE I

LAST 30 DAYS WITHIN THE RANGE OF ISSUES THAT NEEDED ASSISTANCE  
NEEDS ASSOCIATED WITH DAILY LIVING ACTIVITIES DUE TO ILLNESS

Requirements assist	Number	%
To shop	283	71,8
Home cleaning	248	62,9
Bathing	228	57,8
Riding to transportation	190	48,2
Go to a place outside the home	188	47,7
Dressing dressing	181	45,9
Food preparation	179	45,4
Nutrition	122	30,9
Go to the toilet	79	20,0
Using drugs	80	20,3
Displacement in the home	70	17,7
Phoning	28	7,1
Other	0	0,0
None	39	10,0

When due to the disease in the last 30 days of those surveyed daily life activities related assistance needs to be heard in the distribution of the subjects studied on exchange of 71.8%, related to the household of 62.9%, changing the dressing of 45.9% related requirements and was found to have no Requirements of 10.0%.

#### V. RESULTS

Most in terms of daily life activities, shopping, house cleaning, bathing, riding to transportation, to go to a place outside the home, dressing and undressing, preparing meals and were found to be related to nutritional requirements. Together with the diagnosis of cancer patients was observed that these requirements greatly increased. Especially in the last stages of the disease has been found to further increase the maintenance requirements. Our study revealed that in their professional as well as home care service is not an unmet need for professional home care services.

#### REFERENCES

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